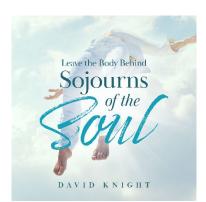
LEAVE THE BODY BEHIND—SOJOURNS OF THE SOUL



ISBN: 9780992688295 Written By: <u>David Knight</u> Narrated By: <u>R.A. Dalkey</u> Date: April 2021 Duration: 3 hours 25 minutes

Do you hate to fall asleep when you meditate? Are you able to experience the joy and bliss of Creation beyond the boundaries of the senses?

David Knight–author of 8 'self-help/transformation' books–has helped to conduct spiritual development and healing circles for over 25 years. As a guest speaker, he has also shared his enlightened experiences to promote 'oneness' and self-realization at various mind, body, and spirit engagements in the UK. Let him show you the true peace that rests inside you.

These inspirational journeys of the soul will reveal the divine spark that resides within us all and help you to feel the love and energy that flows throughout creation. Know that within the stillness of your heart, you receive exactly what is needed in your life.

In this book you will discover:

- Why it makes no difference whether you class yourself as a beginner or an expert.
- Why there is no need to put pressure on yourself to achieve the peace you crave.
- That no matter where you are, you can connect and retain the ability to alter the way you live your life ... if 'change' is what you so desire.
 - The need to forget your so-called limitations ... because you are already free!
 - How to accept the mind for what it is and realize your true essence and divinity.

If you would like to know how it feels to hold the hand of Jesus, have a glimpse of 'Heaven', and search no more within the wilderness of fear and doubt, then *Leave the Body Behind— Sojourns of the Soul* will demonstrate the real power of your meditations.

Discover Your True Identity and Blissful Nature Today!

Genres: <u>Health & Wellness</u> > <u>Mindfulness & Meditation</u> <u>Religion & Spirituality</u> > <u>Counselling & Inspirational</u>